



Personal Training Policy

Thank you for choosing us at **Fearless Martial Arts** to be your personal trainer. I'm excited to have you onboard, and I'm looking forward to helping you to achieve your goals in kickboxing or karate.

I'm delighted with how the personal training side of the business has grown over the last six months, and therefore, the demand for sessions has increased.

All I am asking is that each client treats others fairly in a few simple ways by fully supporting the below conditions:

- **48-hour cancellation policy** – if a client cancels with less than 48 hours' notice, it means I don't have enough time to notify another client and replace the session.
- **Deposit** - A £10 deposit for your session is to be made upfront. Your training slot is not secured until this is received. If you cancel within the 48 hours this is non-refundable.
- **Punctual** - Please turn up to sessions on time. Your session starts at the time of the booking slot, not the time you arrive. If you are late you obviously miss out on the full hour.

Additionally, to the above please be aware of the following:

- **Price** - £25 per hour for one person.
- **Can more than one train in the same session?** Each session is limited to a maximum of 2 people to ensure that you get the best out of the session – this increases the price to £35 per hour.
- **Gloves** – these can be borrowed, however it is strongly advised to bring your own.
- **Tailoring a session** - Sessions will be tailored to your individual needs. If there is anything you want to cover just let me know.

Please feel free to send me a message if you would like to discuss any of these points. My aim is to provide the best level of service possible to members.

Kind regards,

Gary Fearn

(Chief Instructor)